

CERTIFICATE OF PARTICIPATION

This is to certify that

Charles Marais

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:41:05

PACE 12:37/km
OVERALL 120 of 166

GENDER 65 of 78
60 - 69 3 of 4

23 June 2019, Sun

Date



BoutTime

Signature

